

## **Cardiff International Open Meet 26, 27 & 28 May 2017**

### **Long Course Meet**

Swimmers spent 3 long days at the Level 1 Cardiff Long Course Meet competing against hopefuls for the British Nationals. The swimmers coped with many problems throughout the weekend including not knowing first day placings, faulty scoreboard and broken starter equipment – but still managed to keep calm and improve on their timings, a credit to them and their Club.

Ceris and Nia both achieved their Welsh National qualifying times; Erlina and Fin SG having just swam in the Regionals still improved times; Maya, Phoebe, Huey and Grace all swam in their first 50m competition setting new times and Tamzin improved all her times.