

Swim England South West Region
Winter Championships
1-3 November Millfield Short Course

Qualifying Times: Entry times must have been achieved in a licensed meets at level 1, 2 or 3 since January 1 2019 and are on ASA Rankings, LC times will be converted by the computer programme.

	Male			Female	
	Senior QT	Junior QT and Open CT	EVENTS	Senior QT	Junior QT and Open CT
SC	25.10	26.00	50m Freestyle	28.00	28.50
SC	54.50	56.50	100m Freestyle	1.00.80	1.02.00
SC	1.59.00	2.04.00	200m Freestyle	2.11.00	2.15.00
SC	4.15.20	4.30.00	400m Freestyle	4.35.00	4.40.00
SC	**	**	800m Freestyle	**	**
SC	**	**	1500m Freestyle	**	**
SC	28.50	30.00	50m Backstroke	31.50	32.50
SC	1.00.40	1.03.00	100m Backstroke	1.07.20	1.09.50
SC	2.15.00	2.21.00	200m Backstroke	2.24.00	2.30.00
SC	32.50	34.00	50m Breaststroke	36.10	37.00
SC	1.10.10	1.13.00	100m Breaststroke	1.17.70	1.20.00
SC	2.32.00	2.40.00	200m Breaststroke	2.48.00	2.52.00
SC	27.50	28.30	50m Butterfly	30.00	31.00
SC	1.01.00	1.04.00	100m Butterfly	1.07.80	1.09.20
SC	2.20.00	2.24.00	200m Butterfly	2.30.00	2.38.80
SC	1.02.80	1.06.00	100m Ind. Medley	1.09.00	1.12.00
SC	2.12.00	2.20.00	200m Ind. Medley	2.27.50	2.31.00
SC	4.53.00	5.00.00	400m Ind. Medley	5.15.00	5.20.50

All entries must be made on ranking times; conversions may be made using ASA Equivalent Performance tables and must appear on ASA Ranking tables.

Junior Champions will be declared in all events, all competitors must be under the age of 16 on 31/12/19.

** 4 heats will be accepted for the 800/1500m events of which 25% must be juniors.

The management committee reserve the right to reject swimmers with a QT if the sessions will over run the maximum time allowed by licensing regulations.

SC – Short Course

QT – Qualifying time

CT – Consideration time

