

SW Regional Championship (Districts) May 2015

5 swimmers represented Cinderford having qualified for the South West Regional Championships for 2015. Nia and Ceris Westlake were joined this year at Plymouth for the Youth Championship by Luke Mills in his first District swim. Luke enjoyed the experience of competing in the 50m backstroke and gained a new long course PB; Nia swam in a trio of butterfly events: improving her 50m and 100m times as well as swimming in the 200m butterfly race and Ceris also mastered in butterfly at 50m and 100m distances and swam in the 50m freestyle.

In the combined 11 and 12 year age group at the Age Group Championship which took place at both Hengrove and Millfield 50m pools, 11 year old Hannah Kibble and Zea Levy competed in their first ever District competition. Hannah swimming in the 50m and 100m breaststroke events beat over half the girls and Zea, whose 11th birthday was only 2 weeks before, swam in the 50m and 200m backstroke races.

Zea, Hannah, Ceris and Nia also took part in the Short Course SW Regional Championships at GL1, with Hannah improving her 50m butterfly and freestyle times and Ceris improving her 50m breaststroke and butterfly times. Best results for Cinderford swimmers on the day against swimmers from throughout the region and as far away as Penzance were Zea achieving 15th in the 50m backstroke; Hannah 15th in the 50m breaststroke; Ceris 3rd in the 50m butterfly and 4th in the 100m IM and Nia 9th in the 50m butterfly and 100m IM.