

# Swim England South West Region Championships 2019

## Summer Championships Licensed at Level 1.

Below are the details of 2019 Championships, full details of the 2019 Winter Championships event will be circulated later.

Qualifying times and Para event details will be as a separate documents.

### **Important notes:**

As there are consideration times for these championships please do not payment until you have heard if the swimmers have been accepted, we will endeavour to get this done by the weekend following the closing date.

Swimmers who have a consideration time are not considered as entered until their entry has been confirmed back to the club.

When sending entries we only require the entry file, a copy of page 6 below and a mention of which club you are from as in all correspondence to me, if you take over as competition secretary of your club please make this clear so that you can be added to the distribution list. If you are paying by BACS please make this clear. I have also attached a form for your Treasurer to use if you are passing it on.

**When email us please include the name of the swimming club you are representing.**

### **Entry procedure:**

There are Sportsystems entry files for all events and these must be used for club entries, individual entries will only be accepted when there is one entry per club and these should be made by emailing ASA number and events to be entered to [swentries@swimming.org](mailto:swentries@swimming.org)

### **Closing date:**

We have moved this to 11.00pm on Wednesday 24 April for all 3 weekends, this will allow times done at designated meets on the Easter weekend before to be sent to ASA Rankings and hopefully appear on the swimmers file and you can make their entries, we will NOT be accepting updated times from those meets, so do not send more than 1 entry file. If you do not have swimmers competing on the 20/21 April please let us have your entries as early as possible.

### **Data Protection statement:**

Swim England SWR values your privacy and operates in line with the Data Protection Act 2018. In order to operate the SWR Championships, we have a legitimate interest to collect and process some personal data from all competitors. All personal data will be held securely and only used for the purposes of managing the Championships. The data will only be shared with Swim England for results rankings purposes.

The following personal data is required for all competitors:

Name, Date of Birth, Club & Club Code & Swim England Registration Number

Personal data collected for the purposes of managing the Championships will be destroyed 2 years after the event. Results from the event with names of competitors will continue to be retained as a Regional record.

### **Officials:**

To comply with Licence regulations we do need volunteers for all sessions, if there are insufficient volunteers the Licence can be withdrawn and the times achieved will not be entered on to ASA Rankings. So please ensure that you send names of your volunteers well before the event. The names of these officials should be sent to Nicky Vause. [swofficialssecretary@gmail.com](mailto:swofficialssecretary@gmail.com) with the club they are representing.

### **Programme:**

The programme for the Youth section of the Summer Championships held at Plymouth will be ran over 2 heat sessions followed by a finals session each day. All events in which there is a final will be cyclically seeded for the last 3 heats, the last heat of HDW events will be spearheaded.

**Saturday 4 May Life Centre, Plymouth**

**15, 16 & 17 yrs/over**

1<sup>st</sup> Session

Warm-up 8.45 Start 9.45

M & F 100m Fly inc Para

M & F 200m Back

M & F 400m Free HDW inc Para

45 minutes break then 2<sup>nd</sup> Session

M & F 200m IM inc Para

M & F 50m Free inc Para

M & F 100m Breast inc Para

Break for 1 hour 15 mins

**Finals 15yrs, 16yrs & 17yrs & over**

M & F 100m Fly

M & F 200m Back

M & F 200m IM

M & F 50m Free

M & F 100m Breast

Men's 400m 14/16 & 17+ Freestyle Relay HDW

Women's 14/16 & 17+ 400m Freestyle Relay HDW

**Sunday 5 May Life Centre, Plymouth**

**15, 16 & 17 yrs/over**

1<sup>st</sup> Session

Warm-up 8.45 Start 9.45

M & F 50m Breast inc Para

M & F 100m Free inc Para

M & F 400m IM

45 minutes break then 2<sup>nd</sup> Session

M & F 50m Back inc Para

M & F 200m Fly

M & F 200m Breast

Break for 1 hour 15mins

**Finals 15yrs, 16yrs & 17yrs & over**

M & F 50m Breast

M & F 100m Free

M & F 50m Back

M & F 200m Fly

M & F 200m Breast

Men's 14/16 & 17+ 800m Freestyle Relay HDW

Women's 14/16 & 17+ 800m Freestyle Relay HDW

**Monday 6 May Life Centre, Plymouth**

**15, 16 & 17 yrs/over**

1<sup>st</sup> Session

Warm-up 8.45 Start 9.45

M & F 200m Free inc Para

M & F 50m Fly inc Para

M & F 100m Back inc Para

Break for 1 hour

**Finals 15yrs, 16yrs & 17yrs & over**

M & F 200m Free

M & F 50m Fly

M & F 100m Back

Men's 14/16 & 17+ 400m Medley Relay HDW

Women's 14/16 & 17+ 400m Medley Relay HDW

Break for 1 hour

**Monday 6 May Life Centre, Plymouth**

Afternoon Session

Men's & Women's 800m Freestyle HDW – all ages

Start time of Finals session and Afternoon sessions depends on entries and will be announced with the lists of accepted swimmers.

Para swimming events are Open to all ages

## **Saturday 11 May Hengrove**

### **Morning Heats 11/12, 13 & 14yrs**

Warm-up 8.45 Start 9.45  
Girls 200m Individual Medley  
Boys 200m Freestyle  
Girls 100m Breaststroke  
Boys 50m Butterfly  
Girls 400m Freestyle HDW

### **FINALS 11/12yrs, 13yrs & 14yrs**

Boys 200m Freestyle  
Girls 200m Individual Medley  
Boys 50m Butterfly  
Girls 100m Breaststroke

### **Afternoon Heats All ages**

Boys and Girls 1500m Freestyle HDW

## **Saturday 18 May Millfield**

### **Morning Heats 11/12, 13 & 14yrs**

Warm-up 8.45 Start 9.45  
Girls 200m Freestyle  
Boys 100m Breaststroke  
Girls 50m Butterfly  
Boys 400m Individual Medley HDW

### **FINALS 11/12yrs, 13yrs & 14yrs**

Girls 200m Freestyle  
Boys 100m Breaststroke  
Girls 50m Butterfly

### **Afternoon Heats 11/12, 13 & 14yrs**

Boys 100m Butterfly  
Girls 50m Freestyle  
Boys 200m Backstroke  
Girls 200m Breaststroke

### **FINALS 11/12yrs, 13yrs & 14yrs**

Boys 100m Butterfly  
Girls 50m Freestyle  
Boys 200m Backstroke  
Girls 200m Breaststroke

Start time of Finals sessions and Afternoon session depends on entries and will be announced with the lists of accepted swimmers.

## **Sunday 12 May Hengrove**

### **Morning Heats 11/12, 13 & 14yrs**

Warm-up 8.45 Start 9.45  
Girls 200m Butterfly  
Boys 50m Backstroke  
Girls 100m Freestyle  
Boys 50m Breaststroke

### **FINALS 11/12yrs, 13yrs & 14yrs**

Girls 200m Butterfly  
Boys 50m Backstroke  
Girls 100m Freestyle  
Boys 50m Breaststroke

### **Afternoon Heats 11/12, 13 & 14yrs**

Boys 200m Butterfly  
Girls 50m Breaststroke  
Boys 100m Backstroke  
Girls 100m Backstroke  
Boys 400m Freestyle HDW

### **FINALS 11/12yrs, 13yrs & 14yrs**

Girls 50m Breaststroke  
Boys 200m Butterfly  
Girls 100m Backstroke  
Boys 100m Backstroke

## **Sunday 19 May Millfield**

### **Morning Heats 11/12, 13 & 14yrs**

Warm-up 8.45 Start 9.45  
Boys 200m Individual Medley  
Girls 50m Backstroke  
Boys 100m Freestyle  
Girls 400m Individual Medley HDW

### **FINALS 11/12yrs, 13yrs & 14yrs**

Boys 200m Individual Medley  
Girls 50m Backstroke  
Boys 100m Freestyle

### **Afternoon Heats 11/12, 13 & 14yrs**

Girls 100m Butterfly  
Boys 50m Freestyle  
Girls 200m Backstroke  
Boys 200m Breaststroke

### **FINALS 11/12yrs, 13yrs & 14yrs**

Girls 100m Butterfly  
Boys 50m Freestyle  
Girls 200m Backstroke  
Boys 200m Breaststroke

## SWIM ENGLAND SOUTH WEST REGION FAST 5 COMPETITION:

Licensed Level 3.

Only open to swimmers who have entered in Swim England SW Region Winter or Summer Championship since November 1 2018. Swimmers who are invited to attend or enter the British Summer Championships or the Home Nations (England, Scotland or Wales) Summer meets or qualify for the British Championships or enter the British or Swim England Summer Para events are not eligible to compete.

Swimmers will enter and swim all events and results and awards will be decided on FINA points gained in all 5 events by the top 3 in each age group.

Single band age groups from 11/12yrs to 17yrs & over

Entry fee £16.50 to cover all events and spectator admission.

### Sunday July 7 at Gloucester

Warm-up 8.50am, start 10.00am

30 minutes break and warm-up

Boy's 50m Butterfly  
Girl's 50m Breaststroke  
Boy's 50m Freestyle  
Girl's 50m Backstroke  
Boy's 100m Ind. Medley

Girl's 50m Butterfly  
Boy's 50m Breaststroke  
Girl's 50m Freestyle  
Boy's 50m Backstroke  
Girl's 100m Ind. Medley

### SWIM ENGLAND SOUTH WEST REGION TEAM EVENTS: Sunday 22 September – Millfield.

Short Course (Entry fee £14.00 per team – £3.00 spectator admission).

All clubs may enter more than one team in each event, but the number will be restricted depending upon number of entries.

Session 1 – 9.00am warm up

Girls 10/11, 12/13, 14/15 and 16 & over 200m Freestyle Relay followed by 200m Medley Relay.

Maximum of 32 races

Session 2 – Time depending on entries

Mixed 10/11, 12/13, 14/15 and 16 & over 200m Freestyle Relay followed by 200m Medley Relay.

Maximum of 32 races

Session 3 – Time depending on entries

Boys. 10/11, 12/13, 14/15 and 16 & over 200m Freestyle Relay followed by 200m Medley Relay.

Maximum of 32 races

Conditions for the SC Relays:

- “All clubs will have one team accepted in each event, if they wish to make more than one entry they may do so, but a maximum of 32 races in will be held in each session and additional entries will be accepted by random draw, but they must be accompanied by an entry time.”
- “All clubs must provide one licensed official for each session they wish to enter.”
- “Mixed relays consist of 2 boys and 2 girls swimming in any order”.
- “The organising committee shall decide the format of the gala depending upon entries”.
- “All team members must be members of the club they are representing on the day of the competition.”

Because of these conditions do not send entry fees until you know which teams have been accepted.

### Swim England South West Region Winter Championships, Millfield, 1/2/3 November 2019

#### Entries close

Summer Championships - All	April 24
Sprints	June 10
Relays	September 13
Championship	October 16

**Swim England South West Region  
Coach's Pass Application Form**

Please supply \_\_\_\_\_ Club with \_\_\_\_ passes (maximum 1 per 10 swimmers per Club) at £10.00 for ALL 2019 events and I enclose £ \_\_\_\_\_ payable ASASWR.

Passes will only be issued to members who are on the ASA Child Protection Register and they are:

1 \_\_\_\_\_ DBS Number \_\_\_\_\_

2 \_\_\_\_\_ DBS Number \_\_\_\_\_

3 \_\_\_\_\_ DBS Number \_\_\_\_\_

4 \_\_\_\_\_ (Chaperon) DBS Number \_\_\_\_\_

To receive the free Chaperons pass, which only gives admission to the pool, the list must include members of both sexes. Passes are valid for all ASA SWR events 2019.

These forms to be returned by 24 April 2019.

All coaches will be issued with a wrist band, where appropriate, when they arrive at the pool along with their programme; these must be worn at all times so that we can ensure that only team staff is sitting in the swimmers areas. No passes are actually issued.

Signed \_\_\_\_\_ Club Secretary \_\_\_\_\_ Name

## CLUB OFFICIALS AT CHAMPIONSHIPS

To comply with Licence regulations we do need volunteers for all sessions, if there are insufficient volunteers the Licence can be withdrawn and the times achieved will not be entered on to ASA Rankings. So please ensure that you send names of your volunteers well before the event.

The names of these officials should be sent to Nicky Vause. [swofficialssecretary@gmail.com](mailto:swofficialssecretary@gmail.com) with the club they are representing.

Please ensure your Officials indicate on the Officials form which club they are representing.

## HELP WANTED AT ALL EVENTS!

Club will be asked to provide volunteers to act as stewards, marshals, programme sellers and various other duties. Please supply Chris Tremellen with names 1 week beforehand. [christremellen@btinternet.com](mailto:christremellen@btinternet.com)

If they would like to officiate contact [to be advised].

Name \_\_\_\_\_

Club \_\_\_\_\_

Phone number \_\_\_\_\_

Email \_\_\_\_\_

Help as \_\_\_\_\_

**COMPUTER ENTRY FORM – THIS PAGE MUST BE RETURNED WITH ALL ENTRIES AND PAYMENTS.**

Please complete and return with your print out for all competitions.

Club \_\_\_\_\_

Coach Pass for ALL 2019 events @£10.00 \_\_\_\_\_  
Number of Boys Summer entries @£8.25 \_\_\_\_\_  
Number of Girls Summer entries @£8.25 \_\_\_\_\_  
Number of Boys Relay entries @£14.00 \_\_\_\_\_  
Number of Girls Relay entries @£14.00 \_\_\_\_\_  
Number of Boys Para entries @£8.25 \_\_\_\_\_  
Number of Girls Para entries @£8.25 \_\_\_\_\_  
Number of Sprint Competition entries @£16.50 \_\_\_\_\_ (for all 5 events)

SIGNATURE OF CLUB OFFICER AS RATIFICATION THAT THE SWIMMERS ARE CAPABLE OF DIVING AS REQUIRED BY THE ASA COMPETITIVE START AWARD.

Signature \_\_\_\_\_

Name \_\_\_\_\_

Amount enclosed \_\_\_\_\_ Payable ASASWR

BACS reference \_\_\_\_\_

If you wish to pay by BACS Lloyds TSB sort code 30-90-54 account number 04630209 "ASA South West Region" and email me the amount, as reference use ASA 4 letter club code followed by SMR, RELAY, FAST5 or WNTR. Please only make one payment for each competition per club, not individual payments.

Email \_\_\_\_\_

Address \_\_\_\_\_

PostCode \_\_\_\_\_ Phone \_\_\_\_\_

[swentries@swimming.org](mailto:swentries@swimming.org)

Chris Vickery  
Swim England S W Regional Office  
Castle Road  
Chelston Business Park  
Wellington. TA21 9JQ

T 01823 666792

**Entry procedure:**

There are Sportsystems entry files for all events and these must be used for club entries, individual entries will only be accepted when there is one entry per club and these should be made by emailing ASA number and events to be entered to [swentries@swimming.org](mailto:swentries@swimming.org)

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