

Swim England South West Region
SHORT COURSE (25m) MASTERS' MEET 2019 (Open)
 Hutton Moor, Weston-Super-Mare ON SUNDAY 29 SEPTEMBER

NAME..... MALE FEMALE

DATE OF BIRTH..... ASA NUMBER.....

ADDRESS.....

.....POSTCODE.....

E-MAIL.....

CLUB..... SIGNATURE.....

WARM UP: 12.00pm
 START: 12.40pm
 FINISH: 5.00pm

ORDER OF EVENTS: 100m IM, 400m Free, 100m Breast, 50m Back, 200m Fly, 200m Breast, 50m Free, 100m Back.

SHORT BREAK – length depends upon number of competitors.

ORDER OF EVENTS: 200m IM, 100 Free, 50m Fly, 200m Back, 50m Breast, 100m Fly, 200m Free.

MEDALS: All competitors will receive a commemorative medal.

AGE GROUPS: Senior 18 – 24 years. Swimmers must be 18+ on the 29 September 2019

Master's in 5 year age groups from 25 years. Age as at the 31 December 2019.

Distance	Stroke	Time	Distance	Stroke	Time
50m	Freestyle		50m	Breaststroke	
100m	Freestyle		100m	Breaststroke	
200m	Freestyle		200m	Breaststroke	
400m	Freestyle		50m	Butterfly	
50m	Backstroke		100m	Butterfly	
100m	Backstroke		200m	Butterfly	
200m	Backstroke		100m/200m	Ind. Medley	/

ENTRY FEES FOR NUMBER OF SWIMS: (Maximum is 6)

1	2	3	4	5	6
£7.50	£14.00	£20.00	£25.50	£31.50	£36.00

Entries Close on Monday 16 September 2019.

I enclose cheque for £.....or by BACS to Lloyds Bank, 30-90-54 a/c 04630209 and use reference MASTERS-SURNAME
 BACS amount £ reference

Please send this form together with your cheque made payable to **ASASWR** to:

Chris Vickery, Swim England SW Regional Office, Chelston Business Park, Castle Road, Wellington TA21 9JQ.

T 01823 666792

Email: swentries@swimming.org

An entry list will be sent to you by e-mail or, if you do not have e-mail, please enclose a stamped addressed envelope.