Four Seasons at Tewkesbury on 13 September 2014

Tewkesbury 206 points Hereford 160 points Gloucester 147 points Cinderford 124 points Lydney 84 points

The 4 Seasons gala series has been joined by Lydney increasing the number of competing teams to 5. Tewkesbury put together a very strong "A" team which after the first 10 events had won 7 of them and i ncreased their lead over the other teams throughout the gala. Cinderford fielded a similar team to the one in June and still the swimmers managed 31 PB's in the 49 races, this despite the disruption of bein g away from their usual training pool for 5 weeks. Determination was shown by all the swimmers who showed excellent team spirit.

Evan Jones improved both his 50m breaststroke and backstroke times to secure 2nd place in the individuals; Marcus Hopkins improved his 50m butterfly time and Alex Cleal took a PB on his 25m freestyle I eg, then together with Bon Fox de Vere they achieved 2nd place in the freestyle and 3rd place in the medley relays. The girls relay team of Harriet Kearsey, Hannah Desmond, Lauren Garner and Emma Cl arke achieved 2nd place in the medley relay with Harriet taking 2nd place in her individual 50m breasts troke with a great 5 sec PB; Hannah improving her backstroke by 3 sec and Lauren Garner achieving a PB for her freestyle.

Tamzin Latham secured 2nd place with a PB in her 50m breaststroke and improved her 50m butterfly b y 2 sec; Iris Creed took 2 sec off her 50m backstroke and improved her 50m freestyle time and Maya P owell set a new time for her 25m freestyle. Ed Ray took a great 4 sec off his 50m breaststroke.

For the 10 year olds: Hannah Kibble won both the 50m butterfly and 50m breaststroke, the latter with a PB, before taking 2nd in her 50m freestyle and Zea Levy improved her backstroke relay leg time. Brad Creed grabbed 2nd place and PB's in both the 25m freestyle and butterfly races and improved his 50m butterfly. Jayden Thorne took a fantastic 14 sec off his 50m backstroke and improved his 50m butterfly and 25m freestyle times. Samuel Billingham improved his 50m freestyle and 25m backstroke times.

⁻9 year old team members Christopher Hadfield, Cameron Day, Thomas Cottrell and Brad Creed finishe d in 3rd place in the medley relay. Erlina Ainsworth won her 25m breaststroke with a PB and improved her times in the 25m backstroke and freestyle and Izzy Whittington improved her 25m freestyle time. Other swimmers who gave a valuable contribution on the day were Katie Bullock, Jade Cleal, Lily Brice and Finlay Stuart-Gunter.